

TCREA

TULARE COUNTY RETIRED EMPLOYEES ASSOCIATION P.O. BOX 6981 VISALIA, CA 93290-6981

PRESIDENT'S MESSAGE By Kevin Mizner



Another summer is upon us! As many of you do during this time of year, Bonnie and I are getting a bit of a respite from the summer heat with a few days on the Central Coast. It is amazing that in just a couple of hours of driving, one can get a 40+ degree difference in temperature. In fact, on the day we came over, it was 104 in the valley, 97 in Atascadero, and only 66 in Morro Bay. The Central Valley has always offered great flexibility – within 2-3 hours of driving, one can be at the coast, in the Sierras, and in L.A. or the Bay area.

We had a wonderful turnout for our May luncheon, where we awarded our annual scholarships. Each year, TCREA awards four \$1,000 scholarships to graduating high school seniors. As President, it is always a pleasure to meet the recipients and to be part of the awards ceremony. It is also great to meet their family members, particularly the member of TCREA who qualified them to apply. Congratulations to our winners and best wishes to all the applicants in their future endeavors.

This year, we had a bit of a melancholy moment when we announced that our longtime evaluator, Roger Yeager, was retiring from our scholarship process. Roger, a retired educator, and a non-TCREA member, has been helping us review applications for many years, longer than anyone can remember. He always took his work so seriously, reviewing each application, transcript, and reference letter with great effort and insight. He often commented on how difficult it was at times to pick the final winners, because they were all so deserving. I want to personally say thank you again to Roger on behalf of all our TCREA members for his years of dedicated service to our organization.

We also moved our classic car event from August to May. It is just too darn hot to drive those old cars in August. We had six beautiful classics on display – thanks to all who took the time to get their cars ready and share them with us. I know there are many more proud car owners out there, so hope you start polishing them now for May of 2025!

We have two more bus trips scheduled for 2024. We will be going to Solvang in September, where travelers will have the option of shopping and lunch in beautiful downtown Solvang or spend time at the nearby Chumash Casino and Resort. Halfway through the day, our driver will make a loop to let folks trade locations – get a little time at both spots. In October, we will be traveling to Laughlin for our annual 4-day trip. Lots of fun and games on each trip, so please contact Val Barnhart for more information on signing up.

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Editor: Valerie Barnhart Cell: 559-280-9679 Email: Admin@tc-rea.org

Special points of interest

There are always many things to do when you move to a new address. One of the most important is to let the Retirement Board know your new address so you won't miss receiving your pension check.

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The TCREA NEWS is published five times each year. The information in the TCREA NEWS is believed to be from reliable sources. However, no responsibility is assumed by the TCREA NEWS for inaccuracies

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In September, we will begin taking nominations for the TCREA Board of Directors for 2025. Please get a hold of me if you would like any information on any of the positions that may be available in the upcoming year. We have unlimited Director-at-large positions, which are a wonderful way to experience the work of the Board.

Our next luncheon is on August 15th at 12:00 PM. We will enjoy another tasty lunch courtesy of Hometown Emporium and enjoy an informative speaker. The progressive drawing will be at \$350, and we will have a number of raffle prizes to give away. And best of all, you will have an opportunity to see some old friends. Have a great summer and I hope to see you there!





AUGUST LUNCHEON Exeter Memorial Building 324 N. Kaweah Ave, Exeter, CA August 15, 2024 12:00 Noon



Join us for a great time of food and fellowship at our August 15, 2024 TCREA Luncheon at the Exeter Memorial Building. We are looking forward to enjoying a buffet luncheon prepared by Kristy McGill of the Hometown Emporium. The buffet will include Stuffed Chicken Breast, Pork Tenderloin, Scalloped Potatoes, Buttered Sweet Corn & Peas, Salad, Dinner Rolls, water, tea, coffee and Chef's Choice for Dessert. Cost is \$11.00 per member and \$11.00 for one guest. Each additional guest is \$20.00. Payments can be made at the door by cash, check or debit/credit card. We will have a "tip" bag on each table for you to place your gratuity for our host for the delicious meal she has prepared for us. Please join us in blessing her and her staff.

◆Raffles

◆Great lunch provided by Kristy McGill/Hometown Emporium

◆Fellowship with fellow Tulare County Retirees

◆Guest Speaker—Nicole Burnham, Tulare Co. District Attorney's Office

Topic: Updated Fraud and Scam Prevention

Please reserve your spot as soon as possible but no later than August 8, 2024 by calling or texting Valerie Barnhart at 559-280-9679.

Notice: We no longer can accept late reservations or cancellations. If you cancel your reservation after August 8, 2024 or fail to attend the luncheon, we are asking that you kindly mail your payment to TCREA.

Thanks for your attention in this matter. Payments for the cancellation can be mailed to P.O. Box 6981, Visalia, CA 93290-6981 or call our Treasurer, Terrie Saenz at 559-972-1734 if you want to pay with credit/debit card.

LAUGHLIN BUS TRIP OCTOBER 6-9

Plan to join us on another fun filled 4 day, 3 night trip to Laughlin. We will be staying at the Aquarius Hotel and Casino.

Trip includes: Room, bus trip, bingo, goodie bags.

Please RSVP your room by calling or testing Val at 559-280-9679.

Cost is: \$260 per person, double occupancy



SOLVANG/CHUMASH CASINO BUS TRIP

SEPTEMBER 13, 2024
Plan to join us for the Fall Bus trip.
You have a choice of Solvang for some shopping and eating or to Chumash Casino for Casino Play and eating.

Trip includes: The bus trip, bingo, goodie bags and of course, a fun filled day. Lunch is on your own.

Please RSVP by calling or texting Val at 559-280-9679.

Cost is: \$65 per person



SOUARE READER

We now have a Square reader where we can accept payments by debit or credit card. A small fee is assessed on larger purchases such as for our bus trips, however you **will not** be charged a fee for paying for your luncheon tickets. Are you ready to save time in lines paying or having to mail in a check? If you would like to pay for any events in advance, contact our treasurer, Terrie Saenz at 559-972-1734

TCREA OFFICERS 2024

President

Kevin Mizner - 623-6638

1st. Vice - President—CRCEA

Delegate

Mike Barnhart- 799-0255 Elva Strawn—936-9643

2nd. Vice - President -

Thelma Telford-381-0125

Secretary-CRCEA Alt.

Delegate

Peggy Gilreath—331-4626

<u>Treasurer</u>

Terrie Saenz—972-1734

Retirement Board Member Roland Hill—372-7240

George Finney- Alt. Member -

909-2099

Directors - at- Large

Dora Anaya—936-3892

Jorge Abad—690-4337

Valerie Barnhart—

280-9679

Thelma Telford—381-0125

Betty McGill—300-2223

Newsletter Editor

Valerie Barnhart—

280-9679

Past President

Jerry Pundt - 361-0430

2024 DATES

Luncheons
August 15, 2024
October 17, 2024
December 19 , 2024

Board Meetings	
July 9, 2024	
September 10, 2024	
November 12, 2024	

IMPORTANT NOTE

It is very important for you to notify your current insurance company in the event of a death of your spouse.

We have been notified that many folks have not reported the death and therefore are still being charged the same fee for their insurance policy.

Get your newsletter by email...no printed copy

Full color version **Save paper** **Reduce our cost of mailing**

If you would like to receive your newsletter by email, please send an email to Val Barnhart at Admin@tc-rea.org and include the following information: Last name, First name, home address, and email address (use the spelling as is on your retirement checks)

TCREA Website is now available

Visit us at www.tc-rea.org



CRCEA has a website! www.crcea.org

This is our Statewide Retirement Organization

Visit the site and take advantage of the information they provide for our members

IMPORTANT NOTICE

If you make **no changes** to your Pacific Group policy/plan you are currently signed up for, you do not need to complete paperwork each year. This is a great savings of your time.



TULARE COUNTY RETIRED EMPLOYEES ASSOCIATION BUSINESS MEETING/LUNCHEON May 16, 2024

Kevin Mizner opened the luncheon meeting at 12:00 p.m. He led the Pledge of Allegiance and Invocation. Lunch was served. Lunch was provided by Kristi McGill, Hometown Emporium and served at the Exeter Memorial Building. The menu was Meat Loaf, Pulled Pork, Mashed potatoes with gravy, mixed vegetables, salad, rolls, water, tea, coffee, and Cookies for Dessert. The food was enjoyed by everyone in attendance. Thanks to Kristi McGill and her crew for their service.

Kevin welcomed the new members in attendance. He then mentioned the new members electing for an email newsletter is a savings of about \$5.00 per member, per year. We currently have over 300 members who are saving our organization \$1,500 per year. Another side note was that approximately 60% of Tulare County Retirees have joined our association. This is a very good percentage when compared to other counties. Kevin thanked the folks that brought their "old cars" today for the car show. We had 6 cars participate this year.

Scholarships were awarded. We gave four \$1,000 scholarships. Roger Yeager reviewed all the submitted applications and selected the four recipients that will be honored today. The four recipients selected were Lilliane Galvan, James Rodriguez was the TCREA member. Next was Seth Cano, Gary Chambers was the TCREA member. Next was Jaleen Chavez, James Chavez was TCREA member. Next was Natalie Garcia, Art Garcia was the TCREA member. Kevin recognized Roger Yeager for his years of reviewing scholarship applications for the past 15+ years. This will be his last year and our organization presented him with a gift card. Kevin reminded everyone that there is a gratuity bag in the center of each table for the caterer to show our thanks to the servers of the delicious meal.

Roland Hill gave a Retirement update. Not a lot going on, however, some good news is that our investment is doing well this year at 8.3% return to date. For more information see the newsletter article provided by Roland Hill.

Kevin announced the upcoming bus trips. We have a day trip scheduled for September 13, 2024, to Solvang/Chumash Casino. The cost is \$65.00 per person. The next trip is on October 6-9, 2024, to Laughlin. We will be at the Aquarius Hotel and Casino. The cost is \$260 per person, double occupancy. Val will be making reservations for both trips for those interested in joining us.

Kevin promoted the email newsletter. By updating to an email newsletter, it saves approximately \$5.00 per newsletter mailed per year, a savings of approximately \$1500.00 to our organization. You can do this through our website.

Then the raffles began. Today's winners were Rita Garcia, Sandra Flores, Mark Christian, Virginia Perego, Gloria Garza, Dane Coyle, Sylvia Aldez, Alice Lopez, Imogene Samuel and Elena Hawley. The progressive drawing was for \$300, however, the name drawn was not in attendance. Congratulations to all winners!

Kevin thanked everyone for coming and we are looking forward to our next luncheon on August 15, 2024, at the Exeter Memorial Building. The meeting was adjourned at 1:45 p.m.



NEW MEMBERS

MEMBER DEPARTMENT

Avalos, Lily Probation Bigham, Bruce Ag Commissioner Bigham, Rebecca HHS Burt, Robert ITCardenas, Kathy HHS Cardenas, Norma HHS Cooke, William Probation Cruickshank, Kenneth HHS Edwards-Miller, Barbara Probation Irvine, Minh Keller, Rodger Probation Pack, Rhonda Sheriff Ragan, William RMARiley, Sharon Probation Rouse, James HHS Sell. Nelda RMAWelch, Lorrie HHS Avila, Marina HHS Avina, Patricia Sheriff Bischel, Steffany HHS Continuance Figueroa, Adriana Cerda, Giselle Sheriff Molinar, Elfrida Legal Filings

Continuance

DA



TCREA extends our deepest sympathy to family and friends of retirees listed below

MEMBER	DEPARTMENT
Beach, Donna	TCTC-Porterville Court
Cox, Danny	Unk
Delgado, Rachel	HHS
Drake, Carmen	Unk
Hernandez, Joe	HHS
Mathis, Diane	Law Library
Miller, Albert	Fire
Ramsey, Richard	RMA
Fleetwood, Joyce	Unk
Havekost, John	Unk
Krasnasky, Joseph	Unk
Lopez, Micguel	RMA
May, John	I.T.

2024 Scholarship Ricipients

Miller, Craig



Poindexter, Emeigh

Rabago, Vickie

Natalie Garcia



Seth Cano



Assessor-Admin.

Jayleen Chavez

TCREA honors four High School seniors a \$1,000 scholarship to help further their education. This years recipients were Natalie Garcia, Seth Cano, Jayleen Chavez, seen above. Lilliann Galvan was unable to attend due to testing on the day of our presentation.

Retirement Report By Roland Hill, TCREA Elected Trustee



Nothing new to report. Stayed tuned for the end of the fiscal year data in the next newsletter edition.



12 Ways to Achieve a Happy Retirement

What makes people happiest in retirement? The answer will vary from person to person, but there are strategies you can use to increase your odds of retiring happy. While health conditions and living situations can change, you have many opportunities to create your own path and make the most of your retirement.

To set yourself up for a happy retirement, consider these guidelines:

- 1. Plan ahead.
- 2. Set new goals.
- 3. Decide where to live.
- 4. Live within your means.
- 5. Find an outlet.
- 6. Engage in brain games.
- 7. Stay socially connected.
- 8. Focus on health.
- 9. Mend and renew relationships.
- "The best way to make the most of your golden years is to never stop learning, exploring, and growing." Unknown
- · "No matter how many birthdays go by, you're still as young as your faith, hope, and dreams." Unknown
- "Old age isn't so bad when you consider the alternative." Maurice Chevalier







P.O. BOX 6981

VISALIA, CA 93290-6981

A plan offered by Pacific Group Agencies for our TCREA membership

